

# DECEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Gym Open 24/7 for Residents</p> <p>Fitness Room Open 24/7 for Residents</p>		<p>KEY GYM – GYM</p> <p>FITNESS CENTER – FC</p> <p>Corridor – CD (this is the area between TC and the Pool – where the ping pong table is)</p>		<p>6am-2pm Open Swim</p> <p>10a- Water Aerobics</p>	<p>6am-2pm Open Swim</p> <p>9a-1p – Pickleball – Gym</p> <p>10A- Coffee Social Pool Area</p>	<p>1-5 Open Swim</p>
4	5	6	7	8	9	10
11-1 Kayaking-Pool	<p>6am-2pm Open Swim</p> <p>9a-1p Pickleball – Gym</p> <p>11a-11:30a Sit and Be Fit – FC</p>	<p>6am-2pm Open</p> <p>10a- Water Aerobics</p> <p>11:30a – Sit and Be Fit - FC</p> <p>1p-3p – Billiards and Fellowship-SP</p>	<p>6am-5pm Open Swim</p> <p>9a-1p – Open Pickleball – Gym</p> <p>11a-11:30a Sit and Be Fit - FC</p>	<p>6am-2pm Open Swim</p> <p>10a- Water Aerobics</p>	<p>6am-2pm Open Swim</p> <p>9a-1p – Open Pickleball – Gym</p>	<p>1-5 Open Swim</p>
11	12	13	14	15	16	17
	<p>6am-2pm Open Swim</p> <p>9a-1p Pickleball – Gym</p> <p>11a-11:30a Sit and Be Fit – FC</p>	<p>6am-2pm Open</p> <p>10a- Water Aerobics</p> <p>1p-3p – Billiards and Fellowship-SP</p>	<p>6am-5pm Open Swim</p> <p>9a-1p – Open Pickleball – Gym</p> <p>11a-11:30a Sit and Be Fit - FC</p>	<p>6am-2pm Open Swim</p> <p>10a- Water Aerobics</p> <p>11a-Cooking with Jeremy</p>	<p>6am-2pm Open Swim</p> <p>9a-1p – Open Pickleball – Gym</p>	<p>1-5 Open Swim</p>
18	19	20	21	22	23	24
11-1 Kayaking-Pool	<p>6am-2pm Open Swim</p> <p>9a-1p Pickleball – Gym</p> <p>11a-11:30a Sit and Be Fit – FC</p>	<p>6am-2pm Open</p> <p>10a- Water Aerobics</p> <p>11:30a – Sit and Be Fit - FC</p> <p>1p-3p – Billiards and Fellowship-SP</p>	<p>6am-5pm Open Swim</p> <p>9-1 Pickleball-Gym</p> <p>11a-11:30a Sit and Be Fit - FC</p>	<p>6am-2pm Open Swim</p> <p>10a- Water Aerobics</p>	<p>6am-2pm Open Swim</p> <p>9a-1pm Pickleball-Gym</p>	<p>11-2 Open Swim</p>
25	26	27	28	29	30	31
	 <p>CLOSED!!!!</p>	<p>6am-4pm Open</p> <p>10a- Water Aerobics</p> <p>11:30a – Sit and Be Fit - FC</p> <p>1p-3p – Billiards and Fellowship-SP</p>	<p>6am-4pm Open Swim</p> <p>9-1 Pickleball-Gym</p> <p>11a-11:30a Sit and Be Fit - FC</p>	<p>6am-4pm Open Swim</p> <p>10a- Water Aerobics</p>	<p>6am-4pm Open Swim</p> <p>9a-1pm Pickleball-Gym</p>	<p>1-5 Open Swim</p>