

March 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
SP – Silver Pines Clubroom Gym = Gym F = Fitness Room	CR = Community Room T - Theater P = Pool A = Atrium		TimberCrest Activity Calendar		8a Walking Club – Pool Lobby 9a Bible Study - CR 10a Coffee Social – Pool Lobby 11a – 2p Massage Therapy 2p Neighbor Social (Bruce and Sharon)	1p Cards/Games – CR 1-5 Open Swim
3	4	5	6	7	8	9
2p Cards/Games – CR	9a Coffee Chat – CR 11a Sit and Be Fit – F 1p Hand and Foot-CR 1p Duplicate Bridge - A	10a Water Aerobics – P 10a Tai Chi Seated – CR 11a Sit and Be Fit – F 12p Lunch and Learn – CLBT (Fraud) 1p Billiards/Games	10a Tai Chi Balance – CR 11a Sit and Be Fit – F 1p Cards/Games 1p Movie – It could happen to you (Comedy)	9a Bible Study – CR 10a Water Aerobics 1p Dominoes 6:30p Aqua Zumba	8a Walking Club – Pool Lobby 9a Bible Study - CR 1130a Tai Chi Joints – CR 2p Neighbor Social (Recca)	1p Cards/Games – CR 1-5 Open Swim
10	11	12	13	14	15	16
2p Cards/Games – CR Daylight Savings Time – Spring Ahead	9a Coffee Chat – CR 11a Sit and Be Fit – F 1p Hand and Foot-CR Pool Open Until 5:00 M-F this week.	10a Water Aerobics – P 11a Sit and Be Fit – F 12p Lunch and Learn – Northern Iowa Therapy 1p Billiards – SP 1p Cards/Games – CR	10a Tai Chi Balance – CR 11a Sit and Be Fit – F 1p Cards/Games	9a Bible Study – CR 10a Water Aerobics 12p Corn Hole/Ladder Golf – Gym	8a Walking Club – Pool Lobby 9a Bible Study - CR 11a Tai Chi Joints – CR 2p Neighbor Social (Bring a snack to share)	1-5 Open Swim
17	18	19	20	21	22	23
2p Cards/Games – CR Happy St. Patrick's Day	9a Coffee Chat – CR 11a Sit and Be Fit – F 1p Hand and Foot-CR 1p Duplicate Bridge - A	10a Tai Chi Seated – CR 10a Water Aerobics – P 11a Sit and Be Fit – F 1p Billiards – SP 1p Cards/Games – CR	11-1 Health Fair (VFW) 11a Sit and Be Fit – F 1p Cards/Games	9a Bible Study – CR 10a Water Aerobics	8a Walking Club – Pool Lobby 9a Bible Study - CR 11a Tai Chi Joints – CR 2p Neighbor Social (Bring a snack to share) Happy Birthday Trish	1p Cards/Games – CR 1-5 Open Swim ONE DAY Event – Atrium 10-2. Food, egg hunt, expo booths!
24/31	25	26	27	28	29	30
2p Cards/Games – CR 31 st Happy Easter	9a Coffee Chat – CR 11a Sit and Be Fit – F 1p Hand and Foot-CR 1p Movie – Mamma Mia Here We Go Again (Musical)	10a Water Aerobics – P 10a Tai Chi Seated – CR 11a Sit and Be Fit – F 1p Billiards – SP 1p Cards/Games – CR	11a Sit and Be Fit – F 1p Cards/Games	9a Bible Study – CR 10a Water Aerobics 12p Chipper Golf – Gym 1p BINGO	8a Walking Club – Pool Lobby 9a Bible Study - CR 11-2 Massage therapy 2p Neighbor Social (Larry and Marlene) Good Friday	Tuesday Evenings 7:00 PM 500 in the Community Room (unless already reserved)