

# October 2024

## BOYER POOL AND WELLNESS CENTER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
Pool Hours: M/T/TH/F 6-2, W 6-5 Sat 1-5		10a-Water Aerobics 11a-Sit and Be Fit - FC	9A-1P Open Pickleball- Gym 11A- Sit and Be Fit-FC 1pm Pool lap Walking	10a-Water Aerobics-Pool 1p-Calisthenics Workout	9a-1p-Open Pickleball-Gym 8A-Walking club-PL 10A-Coffee Chat-PL	 1-5 Open Swim
6	7	8	9	10	11	12
	9a-1p Pickleball - Gym 11a Sit and Be Fit - FC	10a-Water Aerobics 11a-Sit and Be Fit - FC	9A-1P Open Pickleball- Gym 11A- Sit and Be Fit-FC 1pm Pool lap Walking	10a-Water Aerobics-Pool	9a-1p-Open Pickleball-Gym 8A-Walking club-PL	 1-5 Open Swim
13	14	15	16	17	18	19
	9a-1p Pickleball - Gym 11a Sit and Be Fit - FC	10a-Water Aerobics 11a-Sit and Be Fit - FC	9A-1P Open Pickleball- Gym 11A- Sit and Be Fit-FC 1pm Pool lap Walking	10a-Water Aerobics-Pool 1P-Backyard Games-gym	9a-1p-Open Pickleball-Gym 8A-Walking club-PL	 1-5 Open Swim
20	21	22	23	24	25	26
	9a-1p Pickleball - Gym 11a Sit and Be Fit - FC	10a-Water Aerobics 11a-Sit and Be Fit - FC	9A-1P Open Pickleball- Gym 11A- Sit and Be Fit-FC 1pm Pool lap Walking	10a-Water Aerobics-Pool 1P-Chipper golf	9a-1p-Open Pickleball-Gym 8A-Walking club-PL	 1-5 Open Swim
27	28	29	30	31		
	9a-1p Pickleball - Gym 11a Sit and Be Fit - FC	10a-Water Aerobics 11a-Sit and Be Fit - FC	9A-1P Open Pickleball- Gym 11A- Sit and Be Fit-FC 1pm Pool lap Walking	10a-Water Aerobics-Pool 1p-Calisthenics Workout		
		1-3 Billiards- SP Room				KEY GYM – GYM FITNESS CENTER – FC Corridor – CD (this is the area between TC and the Pool – where the ping pong table is)