



JANUARY 2023



SUN	MON	TUE	WED	THU	FRI	SAT
1  HAPPY New Year	2 Closed	3 6am-2pm Open 10a- Water Aerobics 11:30a – Sit and Be Fit - FC 1p-3p – Billiards and Fellowship	4 6am-5pm Open Swim 9a-1p – Open Pickleball – Gym 11a-11:30a Sit and Be Fit - FC	5 6am-2pm Open Swim 10a- Water Aerobics	6 6am-2pm Open Swim 9a-1p – Open Pickleball – Gym 10 Am Coffee Social-PL	7 1-5 Open Swim
8	9 6am-2pm Open Swim 9a-1p Pickleball – Gym 11a-11:30a Sit and Be Fit – FC	10 6am-2pm Open 10a- Water Aerobics 11:30a – Sit and Be Fit - FC 1p-3p – Billiards and Fellowship	11 6am-5pm Open Swim 9a-1p – Open Pickleball – Gym 11a-11:30a Sit and Be Fit - FC	12 6am-2pm Open Swim 10a- Water Aerobics 11am- Cooking with Jeremy	13 6am-2pm Open Swim 9a-1p – Open Pickleball – Gym	14 1-5 Open Swim
15 Kayakers 11-1 Pool Lobby	16 6am-2pm Open Swim 9a-1p Pickleball – Gym 11a-11:30a Sit and Be Fit – FC	17 6am-2pm Open 10a- Water Aerobics 11:30a – Sit and Be Fit - FC 1p-3p – Billiards and Fellowship	18 6am-5pm Open Swim 9a-1p – Open Pickleball – Gym 11a-11:30a Sit and Be Fit - FC	19 6am-2pm Open Swim 10a- Water Aerobics	20 6am-2pm Open Swim 9a-1p – Open Pickleball – Gym	21 1-5 Open Swim
22	23 6am-2pm Open Swim 9a-1p Pickleball – Gym 11a-11:30a Sit and Be Fit – FC	24 6am-2pm Open 10a- Water Aerobics 11:30a – Sit and Be Fit - FC 1p-3p – Billiards and Fellowship	25 6am-5pm Open Swim 9a-1p – Open Pickleball – Gym 11a-11:30a Sit and Be Fit - FC	26 6am-2pm Open Swim 10a- Water Aerobics	27 6am-2pm Open Swim 9a-1p – Open Pickleball – Gym	28 1-5 Open Swim
29 Kayakers 11-1 Pool Lobby	30 6am-2pm Open Swim 9a-1p Pickleball – Gym 11a-11:30a Sit and Be Fit – FC	31 6am-2pm Open 10a- Water Aerobics 11:30a – Sit and Be Fit - FC 1p-3p – Billiards and Fellowship		Gym Open 24/7 for Residents Fitness Room Open 24/7 for Residents		KEY GYM – GYM FITNESS CENTER – FC Corridor – CD (this is the area between TC and the Pool – where the ping pong table is)