

# October 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
<b>POOL HOURS</b> M/T/TH/F 6a-2p W 6a-5p Sat 1p-5p	<b>Pool NOW OPEN</b> Monday and Thursday 5p-8p	10a Water Aerobics – P 11a Sit and Be Fit – F 1p Billiards/Cards 7p 500 in CR	10-12 Meet and Greet with Medicare Rep 11a Sit and Be Fit – F 1p Cards/Games 1p Pool lap Walking	9a Bible Study – CR 10a Water Aerobics 1p BINGO – CR 1p Calisthenics - FC	8a Walking Club PL 10a Coffee Chat - PL 2p Neighbor Social (Brosdahl's) <b>Kim Out of Office</b>	1p Cards/Games 1-5 Open Swim
6	7	8	9	10	11	12
1:30p Michigan Rummy	9a Coffee Chat – CR <b>9-11 Flu/Covid Shot Clinic in CR</b> 11a Sit and Be Fit – F 1p Hand and Foot-CR	10a Water Aerobics – P 11a Sit and Be Fit – F 1p Billiards/Cards 7p 500 in CR	11a Sit and Be Fit – F 1p Cards/Games 1p Movie – Aloha (Romantic Comedy) 1p Pool lap Walking	9a Bible Study – CR 10a Water Aerobics <b>Kim Out of Office</b>	8a Walking Club PL 2p Neighbor Social (Ludeke's) <b>Kim Out of Office</b>	1p Cards/Game 1-5 Open Swim
13	14	15	16	17	18	19
1:30p Michigan Rummy	9a Coffee Chat – CR 11a Sit and Be Fit – F 1p Hand and Foot-CR	10a Water Aerobics – P 11a Sit and Be Fit – F 1p Billiards/Cards 7p 500 in CR	<b>10a Meet and Greet with Brian Koob running for Sherriff</b> 11a Sit ad Be Fit – F 1p Cards/Games <b>1-4 Celebration of Life for Recca – Atrium</b> 1p Pool lap Walking	9a Bible Study – CR 10a Water Aerobics 1p Bags and Ping Pong	8a Walking Club PL <b>1p Meet and Greet with CEO Mark Dodd – CR</b> 2p Neighbor Social- Bring a Snack to Share	1p Cards/Games 1-5 Open Swim
20	21	22	23	24	25	26
1:30p Michigan Rummy	9a Coffee Chat – CR 10a National Apple Day Grab an Apple – CR 11a Sit and Be Fit – F 1p Hand and Foot-CR	10a Water Aerobics – P 11a Sit and Be Fit – F 1p Billiards/Cards 7p 500 in CR <b>SALT Forum</b>	11a Sit and Be Fit – F 1p Cards/Games 1p Pool lap Walking	9a Bible Study – CR <b>1-3p Meet and Greet with NIT/Fox Therapy – CR</b> 1p Chipper Golf - gym	8a Walking Club PL <b>12p Lunch and Learn – Oakwood Care Center</b> 2p Neighbor Social – Bring a Snack to Share	1p Cards/Games 1-5 Open Swim
27	28	29	30	31		
1:30p Michigan Rummy	9a Coffee Chat – CR 11a Sit and Be Fit – F 1p Hand and Foot-CR	10a Water Aerobics – P 11a Sit and Be Fit – F 1p Billiards/Cards 7p 500 in CR	11a Sit and Be Fit – F 1p Cards/Games 1p Movie – I am Women (Music/Drama) Story of Helen Reddy 1p Pool lap Walking	9a Bible Study – CR 945 Line Dancing/Gym 10a Water Aerobics <b>12p Halloween Potluck and Costume Contest</b> 1p Calisthenics - FC		Duplicate Bridge Played in the Atrium the 1 <sup>st</sup> and 3 <sup>rd</sup> Thursday of the month at 1:00 PM